

# **DEVORAN NEWS**

# Message from the Head

**Dear Parents and Carers** 

I hope that you have all had a lovely break over Christmas? Last week was a great week that was kicked off by an amazing INSET day for the Devoran team with a focus on Outdoor Learning. We braved the weather (and got very wet), and thought about how we can take the children outside across all learning and make the most of our beautiful grounds. As a result of this training, it is likely that teachers will be taking the children outside on any given day... with this in mind, please make sure that your child comes into school with a suitable coat and maybe even a spare pair of socks / tights.

We are also sending out our Parent Survey again so that we can gather more of your views, celebrate what we are doing well and also work on any themes that present themselves. Your \_6.5°C views really matter and we would be extremely grateful if you could take the time to fill in the short survey below. Thank you in advance!

Best wishes

Miss Lock



Staff News Our congratulations go out to Mr Tilley and his partner for the birth of their baby boy over the Christmas break. Welcome to the world little one!



### **Parent Survey**

It has been over 7 months since we sent out our last Parent Survey so we would like to take this opportunity to ask you all to complete the following survey to help us with our school development and to further engage with our parents and community. Your opinions really matter to us, so please take the time to fill in this survey. We will share the results with you as we did for the last survey as well as any themes that arise. We would like the survey to be completed by 9am on Friday 13<sup>th</sup> January so that we can collate the information.

The survey can be found here.

#### **National Rotary Young Writer Competition 2022/23**

We have been invited to take part in an exciting writing competition being organised by the Rotary Club of Truro Boscawen.

The theme this year is 'PEACE' - a topical one, but a subject also open to many approaches.

• Judges - appointed by Rotary - will look for imagination and creativity. They will consider



the relevance to the theme, the ability to engage interest and to be consistent in the power of argument.

• Students are invited to submit their entries, which may be fiction or factual, prose or poetry, handwritten or typed. Entries shall be a maximum of 550 words for prose or 40 lines for poetry entries, and must be legible. Pictures or drawings should not be included.

# Who can take part?

The competition is open to all school and college communities (including students that are home educated) and other young peoples' community organisations, for example Scouts and Girl Guides.

The competition is in three age groups (Ages as at 31 August 2022)

Junior: up to and including 10 years old.

Intermediate: 11 to 13 years old.

Senior: 14 to 17 years old.

The closing date for entries is 27 January. We would love for as many children from Devoran to enter as possible. We have included the details and entry form on our website and we can also print these off for anyone who would like a copy. If you do submit an entry, please do let the school know so we can keep a track of how many children enter!

Happy creative writing everyone (3)



#### Head Lice in Years 1, 2 and 3.

Please take time this week to comb through your child's hair and get rid of any head lice and eggs that you may see. More information can be found on treating head lice via the following website: https://www.nhs.uk/conditions/head-lice-and-nits/



This is a good opportunity to remind parents that all hair sitting at or below shoulder length should be tied back.

# The prevention and treatment of

# **Facts**

#### Head lice are small, six-legged wingless insects, pin-head size when they hatch, less than match-head size when fully grown and grey/brown in colour. They are difficult to detect in dry hair even when the head is closely inspected. They very often cause itching, but this is not always the case, particularly when recently arrived on the head.

- Head lice cannot fly, jump or swim, but spread by clambering from head to head. Anyone with hair can catch them, but children who have head to head contact, either at school or during play, are most commonly affected.
- ★ Head lice feed by biting and sucking blood through the scalp of their host. The female louse lays eggs in sacs (nits) which are very small, dull in colour, and well camouflaged. These are securely glued to hairs where the warmth of the scalp will hatch them out in 7-10 days. Empty egg sacs are white and shiny and may be found further along the hair shaft as the hair grows out. Lice take 6-14 days to become fully grown, after which they are capable of reproduction.
- Head lice are not fussy about hair length or condition. Clean hair is therefore no protection, although regular (eg weekly) hair washing and combing sessions offer a good opportunity to detect head lice, and arrange treatment if discovered.

## Head lice

Lice hang on tight to the hair, usually close to the scalp where there is warmth, food and shelter from detection. Full grown lice take the opportunity to move from head to head during close contact. Younger lice tend to remain for about 6 days on the head where they have hatched.

Head lice need to maintain contact with a host in order to survive. Those lice that leave the host voluntarily, or fall off, are likely to be damaged or approaching death (their life span is about 3 weeks) and so unable to start a new colony. There is no need to wash or fumigate clothing or bedding that comes into contact with head lice.



Magnified photo of the human head louse and louse egg (nit).

If you are at all worried about head lice or feel you need more advice on how to cope, then you should consult your school nurse, health visitor, pharmacist or family doctor.

Further copies of this leaflet may be obtained from:
Department of Health, PO Box 777, London SE1 6XH
Fax: 01623 724 524 (Email: dh@prolog.uk.com)

This document is also available in other languages on request.

Picture reproduced courtesy of the Electron Microscopy and Histopathology Service at the London School of Hymiene & Tronical Medicine

© Crown Copyright Produced by Department of Health 279829 1p 800k Mar07 (COL)

# Head Lice



### Detection

Head lice are well camouflaged and hide when disturbed by combing. They do not always cause itching, particularly when recently arrived on the head. They may also be few in number and a quick inspection is unlikely to detect them. The following method of detection is effective:

- Wash the hair using ordinary shampoo, then use a wide toothed comb to straighten and untangle the hair. It is easier to do this with wet hair, and using hair conditioner.
- Once the comb moves freely through the hair, without dragging, switch to a fine tooth comb. Make sure the teeth of the comb slot into the hair at the roots and draw down to the ends of the hair with every stroke. The comb must be fine enough to catch the lice – size indicated below – do not confuse lice or their eggs with clumps of dandruff or other debris.



#### Actual size in stages of growth of the head louse.

- Check the comb for lice after each stroke as you work through the hair section by section, so that the whole head of hair is combed through, then rinse out the conditioner and repeat the combing procedure in the wet hair.
- This can be undertaken on a regular basis eg at routine hair washing sessions – to detect the presence of lice before they can spread. Check all family members at the same time and arrance treatment when lice are found.

### **Treatments**

If you find lice, then there are two options. Whichever option you choose it is important to recognise that neither will protect against re-infection if head to head contact is made with someone with head lice at a later date. You may therefore wish to undertake occasional checks during hair washing sessions.

#### Option 1: Lotions

- Do not use lotions unless you find a living moving louse. Check all close family/friends by the "wet combing" method, as described, and treat anyone who is found to have lice at the same time, to prevent re-infection.
- Ensure you have enough lotion to treat all those affected and follow the instructions on the packet carefully, eg as to how long the treatment must remain on the hair to be effective, how often you may apply the product etc.
- The product may be capable of killing eggs, as well as lice, but there is no certainty of this. Check for baby lice hatching out from eggs 3-5 days after you use it, and again at 10-12 days.
- ★ If the lice appear to be unaffected by the product (some lice may have developed resistance to a particular insecticide) or if the problem persists – then you should take advice from your local school nurse, health visitor, pharmacist or GP, who will be able to advise you on alternative treatments and explain how to use these to best effect. You should seek advice where whoever is being treated is either under 1 year of age, suffers from asthma or allergies, or is pregnant or breast feeding.

# Option 2: The "Bug Busting" treatment method

This aims at systematic removal of live lice by combing through the hair and physically removing any lice found. Success depends largely upon adopting a painstaking approach — as described in the "Bug Buster" kit. The kit, which includes an illustrated guide and combs, is available from some pharmacies, and by mail order from:

#### Community Hygiene Concern

Manor Gardens Centre, 6-9 Manor Gardens London N7 6LA

Bug Buster: Help Line: 020 7686 4321

Fax: 020 7686 4322

Internet: www.chc.org/bugbusting Charity reg no: 801371

- Only one kit is required for a family and it is reusable. Four sessions spaced over 2 weeks are required to clear the lice, as long as the person does not catch more lice, in which case half-weekly sessions must continue.
- Some schools find it helpful to adopt a whole-school approach (where all parents check their children and family members on the same evening and treat as needed). A "Bug Buster" Teaching Pack is available to assist this process. For further information contact Community Hygiene Concern, details as above.
- \* Taking part on "Bug Busting" days can help to prevent lice circulating, ie if all cases are identified and treated successfully at the same time there will be fewer opportunities for lice to circulate amongst children and their families.