



DEVORAN NEWS

Message from the Head

Dear Parents and Carers

Last week saw our KS1 and KS2 classes accessing an online safety workshop delivered by Richard Pomfrett – the Founder of The Stay Safe Initiative. Richard had this to say about our workshops: *"lots of your pupils have quite extensive digital lives (like all other schools I visit). All year groups mentioned connecting with others on WhatsApp (16+), a large number of KS2 are using TikTok (13+), SnapChat (13+) and some Instagram (13+) and Discord (13+). Unfortunately, out of them (especially in Yr5/6) the majority said they have public accounts. This obviously opens them up to 'anyone' making a direct connection. In regards to gaming, COD (Call of Duty 18+) was mentioned in Yr5/6 as well as the usual suspects in the other year groups (Roblox, Minecraft, Fortnite etc etc) and most gamers regularly play and chat to people they don't know (in the real world).*

*All of the above has become quite common for lots of young people in all schools I visit, so please don't think you're an exception. Year by year digital users get younger and numbers are getting higher. This is a good opportunity to highlight these issues and concerns to parents. More information can be found through the parent online workshop taking place **tonight**".*

Best wishes

Miss Lock

Red Nose Day

It was lovely to see all the children in vibrant outfits on Friday as they 'Dressed Funny for Money' with the aim of raising money for Comic Relief. The Devoran School Community managed to raise £202 for this worthy cause. Thank you all for your generous donations.



Online Safety Workshop for Parents TONIGHT!

Reminder of the online workshop tonight. You don't need to have your cameras on.

Topic: Parenting in the Digital World - Devoran School Time: Mar 20, 2023 07:00 PM Join Zoom Meeting

<https://us06web.zoom.us/j/87835267896?pwd=QndDVIRkNXVLOW1pY1NCY0pnd3RGZz09>

Meeting ID: 878 3526 7896 Passcode: 061472

We hope that you are able to attend this important workshop to empower you to have the curious conversations with your child around online safety.

Cornwall Music Festival

Taking part in the Cornwall Music Festival this year was a great success for 36 recorder players from our school. Well done to every single one of you from Years 2,3,4 and 5.

The adjudicator commented how everyone played so well together in their groups and we were delighted that our Year 4 & 5 group returned to school with a winning trophy!

Additional congratulations to all those children who showed such courage when they also played their solos and duets. Well done to Evelyn and Ellie who won the duet class with their beautiful piece. Huge thanks to Mrs Polglase, Miss Billingham, Mrs Young and Mrs Roskilly for all their help in making the day so rewarding and so much fun for all the children. Mrs Covey has worked incredibly hard with the children in the run up to the festival and I know that it has taken a huge amount of organisation. Thank you so much Mrs Covey for all your hard work and enthusiasm. The children will never forget this amazing experience you have organised for them.



Sporting News

Ella Brown had some great success at the weekend with her pony riding; she jumped 2 classes, 50 and 60. Her team came 3rd in the 50 and Ella came 8th out of 26 in the 60. This means that she has also qualified for the Pony Club Championships at Bicton this summer! Congratulations Ella on this fantastic achievement – we are all incredibly proud of you.



Netball Competition

On Friday 10th we went to a netball competition. We were playing at Penair School on the netball courts with two sports leaders on each court refereeing. We were a bit nervous at the beginning and we were all quite cold! We scored about 3 or 4 goals in the day but we all did great defending and intercepting. Everyone had a great day and really enjoyed it.

“I thought throughout the day we learnt more and were working as a team very well” Elpie.

“I really enjoyed it. I liked how we rotated position. Even though the weather wasn’t on our side we played our best. We also had a lot of fun!” Ella P

“The Netball Competition was super fun and I enjoyed it very much. There were times that were challenging but we all did great. Mostly I think we all had a fun day and even though we didn’t come first, we still played our very best!” by Megan



Monday Running Club (after school)

Our Monday running club has been a huge hit with a different session each week preparing our children for the various races and competitions coming up. It has been great fun for all and thank you for all the adults that come and support this in order to make it happen. We are so grateful for all your support.



Proud Runners up of the Country U11 Boys In2hockey Championships.

The Year 5 and 6 boys headed down to Penzance to play 5 teams in the hockey tournament on Friday the 10th March. Some of the boys have never played on an actual hockey pitch with its larger playing area and with it being Astroturf, the ball moves much quicker than they are used to. The boys lost the first two games but that didn't affect their energy and I'm sure they were just warming up as they went on to win the rest of their games. The games were really exciting and the boys showed great hockey skills and teamwork. The boys grew in confidence throughout the day and were over the moon to come runner's up County Champions.

"All the teams played very well and we played well as a team with good passing. All the matches were really close. We lost the first 2 matches but then won 3. In the end we came second, runner's up County Champions! Thank you, Mrs French, once again!" Morley, Miko and Charlie Yr5

"I think over the games we improved after our first two matches, then we won the rest, everybody played their part, we are runners up champions representing Devoran School". From Jude and Joe Yr5

"We all really enjoyed the hockey tournament. Although we lost our first 2 games, our grit and determination meant that we pushed through and ended up in 2nd place overall! It was a good show of teamwork and resilience from everyone. We had fun and are really excited because we



deserved to place as runners up and make it through to Millfield." Rory, Leo, Sollie and Beau

Online Safety Information for Parents

It is really important that all parents fully understand what their child/ren are using online and to educate yourselves of the functionality of the games / apps their children use (can they chat? be connected to people they don't know? What content can they be exposed to (either suggested or sent by others)? What age rating? What are the risks?). It's by fully understanding these things that will allow parents to hopefully make informed decisions and be able to support and be involved along the way.

Please find below some follow-on activities, resources and posters that we hope you will find useful along with the online workshop tonight (details on first page of the newsletter).

Online Safety Top Tips

Please encourage your pupils to show what they've learnt and share their top online safety tips.

https://thestaysafeinitiative.org.uk/wp-content/uploads/2022/03/Online_Safety_Top_Tips.pdf

Friends Forever

Use the link below to help you pupils think about the importance of kindness and what they look for in a friend.

https://thestaysafeinitiative.org.uk/wp-content/uploads/2023/01/Friends_Forever.pdf

Real Friends V's Online Friends (strangers)

Explore the difference between 'real' and 'online' friends.

https://thestaysafeinitiative.org.uk/wp-content/uploads/2023/01/Real_V_Online_Friends.pdf

My Golden Rule 'Circle of Trusted Adults' Poster

Ask your pupils to show everyone who their trusted adults are, if they ever needed to use 'The Golden Rule'.

<https://thestaysafeinitiative.org.uk/wp-content/uploads/2021/11/My-Circle-of-TRUSTed-Adults.pdf>



Dress
Funny for
Money –
Comic
Relief at
Devoran
School
2023.
£202
raised!



Preparing for the **Clock Change**

Spending time in daylight for at least 30 minutes after you wake is a helpful way to help your body clock adjust.

To adjust slowly: 3 days in advance, go to bed 15mins earlier and get up 15mins earlier. Repeat each day so that on the 4th day you're on the correct time.

For those who tend to struggle with early morning wake ups, you might want to prepare for the clock change gradually.

The clock change will make waking in the morning **HARDER** for teenagers. For some, a 7am wake up will feel like a 5am wake up. When the clocks go forward, it's a bit like waking up an hour earlier.

Daylight Saving Time begins on **Sunday, March 26, 2023 at 2am.** On Saturday night, clocks are set forward one hour (i.e., losing one hour) to "spring forward."

This clock change is more challenging for teenagers with an already shifted body clock. Key tips for adjusting include 30 minutes of morning light exposure, aiming to wake around the same time each morning, do regular exercise and avoid screens and stimulating activities before bedtime.



www.hunrosa.co.uk



[@hunrosa.sleep](https://www.instagram.com/hunrosa.sleep)



PTCA EASTER DISCO

CASH ONLY

THURSDAY 23RD MARCH

FOUNDATION & KS1 5PM- 5:45PM

KS2 6PM- 6:45PM

£3.00 INCLUDING CRISPS & DRINK

**GLOW STICKS AND
SWEETS 50P**

TEA AND COFFEE AVAILABLE FOR
DONATION IN THE LIBRARY FOR PARENTS