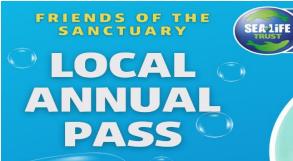


COMMUNITY NEWS

Cornish Seal

Sanctuary



MEMBERSHIP INCLUDES:

- 12 MONTHS RE-ENTRY - 20% OFF IN THE CAFÉ - 20% OFF RETAIL Purchase online or on your visit to the Cornish Seal

Sanctuary



To thank you for your continued support, we're bringing back our discounted Friends of the Sanctuary Membership for 2023!

£14.50 per adult and £11.50 per child for 12 months entry!

(Only available to residents with TR, PL and EX postcodes. Proof of address will be required.

Available until 28th February 2023)

SEAL PUP MANIA!

Dive into an ocean of fun this February half term!

Stories with Seals

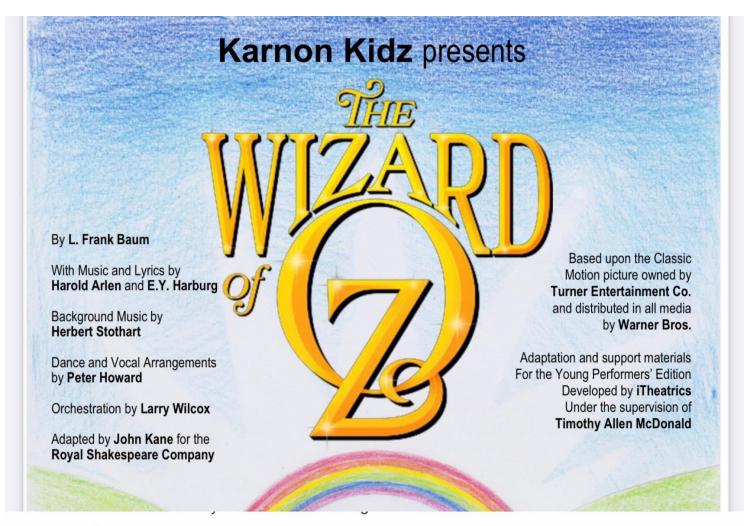
Join Lily the Seal in our underwater viewing area for a special daily reading of 'Stardust' - a story all about a pup caught in hard times!

Weigh the Pup competition

Take part in our new competition to guess the weight of the pup in our hospital! Donate £1 and the closest winner will land a special prize.

Conservation Club (13th - 15th Feb, £120pp)

Discover a whole new world when you learn about our marine residents, seal pup rescue, conservation and more with this 3-day club. To book, call 01326 221361.



<u>Sunday 19th February Launch Day 2pm – 4pm at the Perranwell Centre</u>

Come along for a fun filled afternoon to find out all about the show and get to meet everyone involved. We will be reading some of the script, singing some of the songs with Jason as well as learning some of the dances with Sam and of course we'll be doing lots crazy team games so that by the end of the session you'll definitely want to follow the yellow brick road!

Sunday 26th February Auditions! 2pm - 5pm at the Perranwell Centre

We will make this an enjoyable and fun experience and it will give you the chance to tell us what parts you would like to audition for. Don't be shy just show us what you can do so that you will be ready to shine on the stage as brilliant as Dorothy's Ruby Slippers.

If you would like more information or have any questions please email Sam Rogers the Director via the following email address: tinkerbellstar870@hotmail.com

Devoran Village Hall, Sunday 12th Feb 7.30 Seth Kriebel The Death of King Arthur

This is a new version of a very old story, an interactive twist on the enduringly popular tales of Arthur and his knights. Choose which parts of the story you want to hear: The bit about the sword in the stone? Lancelot & Guinevere? How Arthur dies? Or the other version of how Arthur dies? Sit back and enjoy or actively take part in the decisions that guide the story. Each show is unique, depending on the audience's choices... bringing a lost Britain back to life and asking what the old tales can tell us in these complicated times.

Seth Kriebel makes unusual theatre, often inspired by games and always guided by the idea that a story isn't worth anything without an audience.

Hall open 7pm, show 7.30pm

Tickets Full price £9, under 16/means tested benefits £7, Family (2 adult, 2 children) £25

https://www.carntocove.co.uk/ or 07742 551817

Suitable for age 12 and over.

You are welcome to bring your own drinks and snacks.







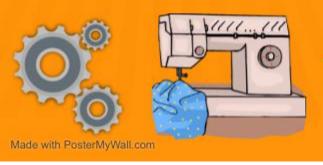


REPAIR CAFE Repairers needed

Can you spend a few hours on the last Tuesday morning of every month? Do you have a skill you would like to share? Do you enjoy meeting people and fixing things?

MyFeock Repair Cafe is in need of additional Repairers to join our friendly team.

Please get in touch, we would love to hear from you: More Info: info@feockparishcouncil.co.uk www.myfeock.co.uk / MyFeock Wellbeing / 01872 863333













REPAIR CAFE

If you can carry it, we'll take a look

- Wooden items bolting, tightening, gluing, & creating new pieces
- Clocks (not battery or electric)
- Electrical plugs, fuses, basic wiring (no PAT testing)
- · Clothing & Textiles Mending, zips, darning, repairs
- Soft toys
- Knitting & Crochet
- · Home & Garden DIY projects (non electrical)
- Woodwork
- · Minor jewellery repairs
- Technology

Pop in to see us - Last Tuesday of Every Month, 10-11am @ The Hub - Carnon Community Methodist Church Hall, Carnon Downs

Please note: All items must be 'carried' into the Repair Café by the customer. The idea is for the customer to watch and learn, whilst the item is being fixed, to promote skill sharing. Some items may not be fixable on-site and may take time to repair. When required please complete a form to give your permission for this to happen. Additionally, you may need to purchase items (e.g. zips, batteries etc) in order for the repair to happen. Please discuss with our Volunteer Repairers. We will not accept any liability for any potential damage, fault or breakages of any item.

Happy repairing and sharing – Please let others know we are here
Thank You for using our service!

Contact: info@feockparishcouncil.co.uk www.myfeock.co.uk / MyFeock Wellbeing / 01872 863333

FEBRUARY HALF-TERM HOLIDAY COURSES

ACROSS THE SOUTH WEST...







- FOR ALL CHILDREN AGED 2-12 YEARS
- PRIZES & GIVEAWAYS
- EARLY DROP OFF-AVAILABLE

THE INFO...

- 10AM-3PM
 (9AM EARLY DROP-OFF AVAILABLE)
- DEVON, SOMERSET & CORNWALL (AT VARIOUS LOCATIONS)
- £ £18.00
- FEBRUARY 2022



WWW.SAINTSSOUTHWEST.CO.UK

#SAINTSSW





CRICKET CRICKET

CRICKET CENTRE | TRURO



SOFTBALL

13TH-14TH FEB | 10-3PM £15 PER DAY | YEARS 1-5

To book your place - https://booking.ecb.co.uk/d/7lq20d

HARDBALL

15TH-16TH FEB | 10-3PM £20 PER DAY | YEARS 4-8

To book your place - https://booking.ecb.co.uk/d/jlq204

BRING PACKED LUNCH & SNACKS





Our youth companies are perfect for anyone aged 5+ with an interest in theatre, dance and music. Get stuck in with our brilliant company leaders, with everything from All Boys Dance to Musical Mondays. In our first year since reopening, youth dance, theatre and musical groups have put together shows and performed on the Cornwall Playhouse and AMATA stages as well as events across Cornwall and productions including Bugsy Malone.

Fancy coming along? All welcome, positively no auditions and you might get to tread the boards of the Cornwall Playhouse soon!



For more information on our Get Creative programme and different youth companies, check the website and social feeds.



















REGISTER TO PLAY!

OPEN TO AGES 7-18 | ALL ABILITIES WELCOME

FOLLOWING THE REGISTRATION PHASE ALL PLAYERS WILL BE GROUPED INTO GEOGRAPHICAL TEAMS TO PLAY FIXTURES IN THE SUMMER

CONTACT KELLIE WILLIAMS FOR MORE INFORMATION: wgdo@cornwallcricket.co.uk

Animate Helston 2023



Young Animators Competition

You are invited to create and submit entries in the following categories:

Age 0-11

Age 12-16

Age 17-18

Animated films must...

- ... be between 30 seconds and 3 minutes long.
- ...contain a title shot, and an end credit with your name.
- ...have been finished in 2022 to 2023.
- ... be entirely your own work (no grownups).
- ... be at least half animated (you can mix animation with live action if you wish).

How to enter

Upload your film to YouTube or Vimeo and email the link to animation@falmouth.ac.uk.

State your age at the completion of the film.

Please make sure that your film is not set to 'private view'.

The deadline for entries is 4:00 p.m on Friday 10th February 2023.

Winners will be informed by email and announced at Animate Helston 2023.

FAQs

IS MY WORK GOOD ENOUGH?

If you animate, then you are good enough! We are looking for all sorts of different skills. You have nothing to lose!

CAN I SUBMIT SOMETHING THAT I MADE AT SCHOOL OR COLLEGE?

Absolutely you can! Whether you made it in class, or on your own, we want to see it. CAN I SUBMIT SOMETHING MADE BY A GROUP?

Yes you can, as long as you are all in the same age category.

IS THERE A PRIZE?

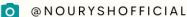
Winners will receive a winner's certificate and medal.



FALMOUTH UNIVERSITY







INTRODUCING

NOURUSH



HEY, HOW ARE YOU?

We're speaking to you, the parents of Devoran School, as we believe that the best way to build healthy habits for life is to get children into the kitchen. We're creating a portal of age-appropriate cooking skills, fun activity packs and learning resources designed for parents to use at home, entirely free to use.

SUBSCRIBE TO OUR NEWSLETTER TODAY TO RECEIVE YOUR REFINED SUGAR-FREE MINCE PIE ACTIVITY PACK.



SCAN THE QR CODE TO SIGN UP.

Later, we will be building an app that frees up the headspace it takes to plan and purchase family meals, and eventually you'll be able to gain insight from the choices you make.

If you're interested to learn more, please head over to our website www.nourysh.co.uk.

FOLLOW OUR JOURNEY

We are part of LaunchPad, the start-up incubator at Falmouth University, and our mission is to simplify home cooking.

We want to know what you need, so please let us know at hello@nourysh.co.uk.

















AMATA, Falmouth University Penryn Campus, TR10 9FE Saturday 11 February 2023 at 3pm

Tickets: £6 Early Bird / £8 Full Price

FALMOUTH UNIVERSITY



Book Online: amata.org.uk/snowbeast

'Sprint For Seals' 3km family fun run is back on Sunday 14th May 2023!





Join us for a hilly 3km run around our beautiful site at the Cornish Seal Sanctuary to raise money for our new seal pools
£15 entry per participant (includes exclusive t-shirt and medal plus day entry to the Sanctuary)

And don't forget, our top three fundraisers will each receive a special prize too!



Race from gam - 10am

For more information call: 01326 22136

Limited places available, register early to avoid disappointment!

To register your interest please email: leanne.webb@sealifetrust.com



@ @ sealsanctuary.sealifetrust.org

(i) @cornishsealsanctuary





COMING UP IN FEBRUARY Village Market

Saturday 11th Feb 09.30 - 12.00

The Village Market returns after its January break.

Come and stock up on produce and check out the crafts.

Incredible Bulk, Zoltan the Knife Sharpener and Butcher's Bakehouse Bakery will be in the car park.

Death of King Arthur

Sunday 12th Feb 19.30 (doors 19.00)

The Death of King Arthur is a new, interactive twist on the timeless tales of Arthur and his

knights.

Examining British identity, our relationship with Europe and 'fake news', The

Death of King

Arthur explodes the legend we all think we know and asks:!

What story do you want to believe?

Suitable for audiences aged 12+

Adult £9.00, Under 16 & Conc £7.00, Family 2&2 £25

www.carntocove.co.uk / 07742 551817 or on the door

Gardening Club
Thursday 16th Feb
19.00 for 19.30

Wildlife expert and photographer David Chapman.

Plant swap.

Refreshments available.

New members always welcome, £5 per year.

Non members welcome by donation.

New Fitness Classes From Monday 20th Feb

18.30

Think Fit - Circuits

Contact: Hello@thinkfitcornwall.com

From Thursday 9th Feb

19.00

X-HAIL

MINDFUL STRETCHES, HEALING BREATHWORK, HEART COHERENCE PRACTICE, STRESS BUSTING MEDITATION Contact:hello@jessicavt.com

Check out the Hall notice board for other fitness classes - Zest for Life, Physio led Pilates, Qigong

Looking forward to March Devoran Spring Flower Show Saturday 4th March Put the date in your diary.

HELP NEEDED

The Hall need a volunteers on an occasional basis to help with:

- Fundraising
- Admin
- Making cakes
- Serving teas
- Helping with the bar (over 18s only)
- Setting up stage lighting
- Setting up the overhead projector

or you may have a skill that you think would be useful to the Hall. We know how busy people are and there is no regular commitment or meetings involve, come and be part of your local community.

Contact: dvhchairman@outlook.com if you can help