



# COMMUNITY NEWS

## STAGEZONE YOUTH THEATRE

YOUTH DRAMA GROUP FOR 6-18 YEAR OLDS



Would you like to gain confidence  
in a friendly youth drama group?



**COME AND  
JOIN US!**

Weekly sessions  
in the Truro Area



Tel: 07967 828770

[www.stagezoneyouththeatre.com](http://www.stagezoneyouththeatre.com)

Email: [stagezoneyouththeatre@gmail.com](mailto:stagezoneyouththeatre@gmail.com)

Follow us: [@stagezoneyouth](https://www.instagram.com/stagezoneyouth)



THE  
WRITERS'  
BLOCK

# AFTER SCHOOL CLUB FOR 7-10s

Join The Writers' Block new afterschool club for KS2 Children!



This 6 week after school club provides space for children to explore their creativity, discover their talents and have a great time! We will guide children to create their own stories through a mixture of **writing, drama, music and making** at our immersive and inspiring space.

**When:** 4.15-5.30pm Thursdays 11 January – 8 February

**Where:** The Writers' Block, The Ladder  
2-4 Clinton Road  
Redruth, TR15 2QE

**To book:** £10/£15 for all the 5 sessions.  
Booking essential: [www.thewritersblock.org.uk/events](http://www.thewritersblock.org.uk/events)





**The Hub**

Carnon Community Methodist Church



**TR3 6HY**

# YOUTH CLUB

Mondays in Term Time, 4pm - 5.30pm

**Free**

**Free**

For young people aged 9 - 14 years old

**Hot  
drinks**

**Games**

*Contact us if you would like more details*

**Adrian:** [CarnonHubPastor@truromethodist.org.uk](mailto:CarnonHubPastor@truromethodist.org.uk)

**Victoria** (Mid Cornwall Circuit Youth Worker): 07842 278 983

# Pendennis Community Centre



OUR VOLUNTEER RUN CAFE IS OPEN:  
**9AM-1PM MONDAY - SATURDAY**  
SERVING HOT AND COLD DRINKS AND CAKES



WE ARE DOG FRIENDLY TOO



WE HAVE A COMMUNITY BOOK LIBRARY (DONATIONS IN GOOD QUALITY BOOKS WELCOME)



## MONDAY

CIRCUITS- 9:15AM  
BOOTYLIFT 9:30AM  
CORE CLASS 10:15AM  
DRUM N' BLITZ 10:30AM  
STRETCH 11:30AM  
HIIT 6:00PM  
VINYASA FLOW 6:15PM  
CORE CLASS 7:00PM  
SLOW FLOW YOGA 7:30PM

FRENCH CONVERSATION WITH CECILE-  
11:00AM- DONATION WELCOME

## TUESDAY

PRE-SCHOOL YOGA - 9:15AM  
BOXFIT 9:30AM  
STRETCH 10:30AM  
ZUMBA 10:30AM  
ZUMBA GOLD 11:30AM

BOOTYLIFT 6:00PM  
DRUM N BLITZ 7:00PM  
STRETCH 8:00PM

## WEDNESDAY

FIT 4 ALL 9:30AM  
STRETCH 10:30AM  
VINYASA FLOW YOGA 8:00PM

## THURSDAY

CIRCUITS 9:15AM  
CORE CLASS 10:15AM  
ZUMBA 6:30PM  
STRETCH FLOW 7:30PM

## FRIDAY

YOGA FLOW 9:30AM  
PILATES 10:30AM

PUPPY PLAY /SOCIALISATION CLASS  
(BOOKING WITH RUTH)

## SATURDAY

ZUMBA 8:30AM  
STRETCH FLOW 9:30AM  
VINYASA FLOW 10:00AM



ALL FITNESS CLASSES £6:50  
TO BOOK CLASSES VISIT:

[HTTPS://APP.CLASSFIT.COM/BUSINESSPROFILE/120726](https://app.classfit.com/businessprofile/120726)

WE ALSO TAKE BOOKINGS/PAYMENTS AS DROP INS ON THE DAY!



*We look forward to seeing you!*  
**01326 653249**





## SATURDAYS 10AM IN TERM TIME

Every Saturday during term time Truro City Youth FC run a fun football session for all children from Reception age to year 6. Its pay as you play so no contract. We are all about inclusivity regardless of ability at TCYFC; it's all about having FUN!!!!

We rely on volunteers, so if a parent can help, fantastic!!! We can always do with a spare pair of hands on and off the pitch.

It's of course weather dependent, so 'like' our Facebook page and keep an eye out for updates. There's a helpful FAQ section at the bottom of the about tab

All the children need is suitable footwear, shinpads and a drink.

**More details on our website and Facebook page Truro city youth Football club community football programme.**

### TCYFC COMMUNITY FOOTBALL PROGRAMME

PAY AS YOU GO  
£3.50 A SESSION

FA QUALIFIED, FIRST AID TRAINED AND DBS CHECKED COACHES

10AM-11AM  
REC YR & YR 1.  
10AM-11:30AM  
YR2 TO YR6

CHANCE FOR PARENTS TO HELP COACH

### TRURO CITY YOUTH FC

Penair School Astro  
Truro TR1 1TN

[www.trurocityyouthfootballclub.co.uk](http://www.trurocityyouthfootballclub.co.uk)

Saturdays 10am -1130am

New  
to Cornwall



TASTER  
sessions  
available



## An art club for children that...

- Provides a safe artistic space where children aged 6 -16 have time to do long-term projects.
- Uses professional materials and delivers an in-depth art education.
- Builds children's confidence and self-esteem.
- Advises students studying GCSE how to build-up their sketchbook.

Mediums explored include: watercolours, acrylics, pastels, pencil, clay, papier maché.  
All materials are provided. **Adults classes and private tuition also available.**

### Session Times

Tuesday	14.00 - 15.30 (home educated group) 16.30 - 17.45
Wednesday	10.30 - 12.00 (home educated group) 16.30 - 17.45
Thursday	16.30 - 17.45
Saturday	9.30 - 11, 11.30 - 13.00 & 14.00 - 15.30

### Contact us...

Barras Moor Farm, Perranarworthal,  
Truro, Cornwall TR3 7PE

If you are interested in joining art-K  
please contact Sara on 07852 674316,  
email her at [sara@art-k.co.uk](mailto:sara@art-k.co.uk)  
or visit us online at [www.art-k.co.uk](http://www.art-k.co.uk)

acrylic oil watercolour mixed media modelling collage clay