



# DEVORAN NEWS

## Message from the Head

Dear Parents and Carers

Please find below the Term Dates for 2023-2024. We hope that in sending these out to you in good time, it will enable you to ensure that any holidays / time away that you book are within the school holiday period to help us maximise the time the children are in school.

Today you have also received a consultation letter re the timings of the school day. There is a planned meeting where I will be happy to take any questions on Monday 27 March at 5pm (in school). You can also share your comments on the consultation [here](#).

Some of our Year 5 and 6 children had a great time at Culdrose last week where they took part in the Lego League as part of their coding after school club. Read on to find out more!

We have also seen a lot of our children taking part in sporting events – more of this in next week's newsletter!

This week sees a lot of our children taking part in the Cornwall Music Festival and I can't wait to hear all about it. We know this is a wonderful opportunity for our children to perform in front of a friendly audience which takes courage.

Best wishes

Miss Lock

## Red Nose Day – this week!

Friday 17<sup>th</sup> March is Red Nose Day. We will be supporting this event in school to raise more awareness about how the money is used to help others. We will also be having an own clothes day to raise money for Comic Relief with a theme of 'Dress Funny for Money'. There is no need to buy a special T-shirt, but if children want to wear their clothes inside out / back to front / wear something bold, they are free to do so (but no pressure to also).



Link for ParentPay donations to Red Nose direct:

<https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=10055>

## Online Safety Workshop for Parents

Make sure this online workshop is in your diary! You don't need to have your cameras on.

Topic: Parenting in the Digital World - Devoran

School Time: Mar 20, 2023 07:00 PM Join Zoom

Meeting

<https://us06web.zoom.us/j/87835267896?pwd=QndDVIRkNXVLOW1pY1NCY0pnd3RGZz09>

Meeting ID: 878 3526 7896 Passcode: 061472

## Term Dates 2023-2024

Please see below the term dates for the academic year September 2023-July 2024:

Autumn Term 2023	
Friday 1 September 2023	INSET Day 1 (no children)
Monday 4 September 2023	Children return to school
23-27 October 2023	Half Term
Monday 30 October 2023	INSET Day 2 (no children)
Tuesday 31 October 2023	Children return to school
Friday 15 December 2023	End of Term (school finishes at 13:30)
Spring Term 2024	
Tuesday 2 January 2024	INSET Day 3 (no children)
Wednesday 3 January 2024	Children return to school
12-16 February 2024	Half Term
Monday 19 February 2024	Children return to school
Thursday 28 March 2024	End of Term (school finishes at 13:30)
Summer Term 2024	
Monday 15 April 2024	Children return to school
27 May – 31 May 2024	Half Term
Monday 3 June 2024	Children return to school
Friday 19 July 2024	End of Term (school finishes at 13:30)
Monday 22 July 2024	INSET Day 4 (no children)
Tuesday 23 July 2024	INSET Day 5 (no children)

## Residential – Years 4,5&6

The residential for Years 4, 5 & 6 are now all up on ParentPay. Please make sure that you have signed the permission form that is on ParentPay. We hope that by paying in instalments this has also made it easier for parents. If you have any concerns related to payment, please do read our [Charging and Remissions Policy](#) that is available on our website.

## Lego League

Last Thursday, our Coding Club were lucky enough to go to RNAS Culdrose for the 'Lego League' day. This day is organised to inspire budding engineers and to experience some of the fields of work that are available. We also took our coding robot and performed several missions.

**"I enjoyed it because we learnt a lot about technology" Jamie**

**"My favourite part of the coding competition was the science show because there were bug explosions and chemical reactions" Leo**

**"I loved the day because we got to run around and look at some of the stalls" Poppy**

**"The coding trip was very fun because there were a lot of different stalls, for example you could play the original Super Mario and the controls were some potatoes! It was fascinating seeing all the other teams with their coding robots too". Lleyton**

**"I enjoyed it because we all had fun and it was really fascinating seeing what the other teams coded their robot to do, also I enjoyed the different stalls, for example, the Super Mario game controlled by potatoes, spanners, spoons and tin foil" Sollie**

**"I enjoyed it because there were loads of fun stalls with different activities like playing Super Mario with potatoes as controllers" Monty**





# Preparing for the **Clock Change**

Spending time in daylight for at least 30 minutes after you wake is a helpful way to help your body clock adjust.

To adjust slowly: 3 days in advance, go to bed 15mins earlier and get up 15mins earlier. Repeat each day so that on the 4th day you're on the correct time.

For those who tend to struggle with early morning wake ups, you might want to prepare for the clock change gradually.

The clock change will make waking in the morning **HARDER** for teenagers. For some, a 7am wake up will feel like a 5am wake up. When the clocks go forward, it's a bit like waking up an hour earlier.

Daylight Saving Time begins on **Sunday, March 26, 2023 at 2am.** On Saturday night, clocks are set forward one hour (i.e., losing one hour) to "spring forward."

This clock change is more challenging for teenagers with an already shifted body clock. Key tips for adjusting include 30 minutes of morning light exposure, aiming to wake around the same time each morning, do regular exercise and avoid screens and stimulating activities before bedtime.



[www.hunrosa.co.uk](http://www.hunrosa.co.uk)



[instagram hunrosa.sleep](https://www.instagram.com/hunrosa.sleep)



# PTCA EASTER DISCO

CASH ONLY

**THURSDAY 23RD MARCH**

FOUNDATION & KS1 5PM- 5:45PM

KS2 6PM- 6:45PM

**£3.00 INCLUDING CRISPS & DRINK**

**GLOW STICKS AND  
SWEETS 50P**

TEA AND COFFEE AVAILABLE FOR  
DONATION IN THE LIBRARY FOR PARENTS



# Parenting in the Digital World



Dear Parents / Carers of Devoran School,

As peoples digital lives continue to grow, we know that for young people, spending an increasing amount of time online, holds lots of potential risks and concerns.

To allow you to help your young people navigate themselves through their ever rapidly growing digital lives, whilst at the same time allowing them to be independent digital users, we are running a special live, virtual online safety presentation on 20.03.23 at 7pm (On Zoom).

During this 60-90min session, Richard from The Stay Safe Initiative CIC will be helping you to understand your young peoples digital lives a bit more. Exploring what they are doing online, understanding the risks, and providing straight forward help and advice to keep everyone at home safe.

We know that many feel overwhelmed trying to keep up with the constant evolution of games, apps and social media platforms and are quite often understandably worried about, cyber-bullying, online grooming and what they are sharing online.

**This session will allow you all to be informed and NOT scared!**

During the informal Q&A session at the end of the presentation, Richard will be happy to stay online for as much time as needed to help address any of your individual questions and comments.

We look forward to hopefully seeing you soon.

**Please find ZOOM invite details on the next page.**

*Educating & Protecting Young People*

email: [info@thestaysafeinitiative.org.uk](mailto:info@thestaysafeinitiative.org.uk) web: [www.thestaysafeinitiative.org.uk](http://www.thestaysafeinitiative.org.uk) Tel: 01666 577269

# Parenting in the Digital World



Zoom Invite details.

Topic: Parenting in the Digital World - Devoran School

Time: Mar 20, 2023 07:00 PM

Join Zoom Meeting

<https://us06web.zoom.us/j/87835267896?pwd=QndDVlRkNXVLOW1pY1NCY0pnd3RGZz09>

Meeting ID: 878 3526 7896

Passcode: 061472

Please join the meeting at least 5 mins prior to start time.

**You will 'NOT' need to turn your cameras on, should you wish not to.**

**We're happy for you to sit back with a cuppa and just watch, if you would prefer.**

This session will be locked once everyone has been allowed in from the digital waiting room and the session has started.



*Educating & Protecting Young People*

email: [info@thestaysafeinitiative.org.uk](mailto:info@thestaysafeinitiative.org.uk) web: [www.thestaysafeinitiative.org.uk](http://www.thestaysafeinitiative.org.uk) Tel: 01666 577269