



SUMMER CAMPS

All camps are open to non members

Parkour Camp Ages 7 - 10 yrs 1 - 3pm 1/8/2022	Parkour Camp Ages 11-16yrs 1 - 3pm 3/8/2022	Gymnastics/ Cheer Camp Ages 5 -8 yrs 1 - 3pm 4/8/2022	Parkour Camp Ages 5 - 7 yrs 1 - 3pm 5/8/2022
Parkour Camp Ages 8 - 12 yrs 1 - 3pm 9/8/2022	Gymnastics & Craft Camp Ages 5 - 8 yrs 1 - 3pm 10/8/2022	Parkour Camp Ages 11 - 16 yrs 1 - 3pm 11/8/2022	A Show In A Day Ages 5 - 12 yrs 9 - 2pm 12/8/2022
Parkour Camp Ages 7 - 10 yrs 1 - 3pm 15/8/2022	Parkour Camp Ages 10-14 yrs 1 - 3pm 17/8/2022	Gymnastics Camp Ages 7-12 yrs 1 - 3pm 18/8/2022	Parkour Camp Ages 5 - 7 yrs 1 - 3pm 5/8/2022
Gymnastics/ Cheer Camp Ages 5 - 8 yrs 1 - 3pm 22/8/2022	Parkour Camp Ages 5 - 8 yrs 1 - 3pm 23/8/2022	Pom Dance/ Cheer Camp Ages 5 -12 yrs 1 - 3pm 24/8/2022	A Show In A Day Ages 5 - 12 yrs 9 - 2pm 26/8/2022

https://www.westcoastacademy.co.uk/summer-camps-2/

West Coast Academ

Another amazing opportunity for pupils of all ages - and their families - is happening at Cornwall College this summer.

Throughout the school summer holiday period The Cornwall College Health & Fitness team will be delivering a range of FREE fun, fitness sessions and nutritional workshops for local families from the area.

The following dates are available:

- July 28th
- Aug 4th
- Aug 11th
- Aug 18th
- Aug 25th

The activities will include gym inductions and sessions, circuits, exercise classes and sports based games and challenges. You will also have the opportunity to make your own healthy lunch whilst gaining nutritional advice from our team of experts who will help you with ideas for eating healthily on a budget.

If your students and families would like more information or to book then please contact me.

Thanks,

Anna Battersby

Schools & Events Coordinator – The Cornwall College Group Cornwall College Camborne, Trevenson Road, Pool, Cornwall, TR15 3RD Work: 07977 365 270 anna.battersby@cornwall.ac.uk

SUMMERHOLIDAY ROADSHOWS WEST CORNWALL 2022 | JUL/AUG/SEPT

FALMOUTH SPORTS HUB July 25, 27 (Girls Only), 29 Aug 1, 5, 8, 12, 15, 19, 22, 26 | Sept 2 CARN BREA LEISURE CENTRE July 27 | Aug 3, 10, 17, 24, 31 TREVIGLAS ACADEMY, NEWQUAY Aug 2 PENRICE ACADEMY July 26 | Aug 18, 23, 30 ST DAY FC Aug 4, 16 THE COOMBE, PENZANCE July 26, | Aug 5, 26 HELSTON ATHLETIC FC July 28 | Aug 11, 19 (Girls Only) | Sept 1 ST AGNES FC July 28 TROON FC Aug 9, 25 PENAIR SCHOOL Aug 12

> 9.30am - 3.30pm Boys & girls Aged 5-15 All abilities

OK

Book now 01752 562561 ext. 4 argylecommunitytrust.co.uk

argylecommunitytrust.co.uk

TRURO FOODBANK Summer Holiday OPEN DAYS

What is available?

- Top up long-life breakfast or lunch food items
- Cornwall Children's Clothes Bank
- Advice and help from agencies

Where are they?

All Saints Church, Highertown, TR1 3LD

When?

Tuesday 9th August 10am - 2pm Tuesday 23rd August 10am - 2pm

What advice/help will be there?

- Money skills information 10:30 & 12:30
- Konnect & Reskilling Cornwall for help with training/getting back into work
- Citizens Advice for help with benefit
- Advice on debt services from CAP (9th only)

No need for a Foodbank voucher You can bring your children

Registered Charity Number 1176281



FEOCK ECO CARING FOR OUR ENVIRONMENT

THURSDAY 28TH JULY 2022 - 6PM

Meet at 6pm at the Devoran end of the Bissoe Trail TR3 6PF

We have some litter pickers, sacks and hoops. Please bring your own gloves.

Treasure Hunt for the kids Dogs welcome

Any questions call 07968 472217 or email lffeock@protonmail.com

Made with PosterMyWall.com





Join us for an exhibition of Redruth's diverse stories. See and share your collected stories inspired by objects and treasures: branches, skeins of wool, model boats, record covers and a Halloween mask all brimming with personal meaning.

Explore the beautiful Cabinet of Tales, listen to The Story Republic perform, and share your own stories over tea and cake.

All are welcome. The event is **free** but please book below: www.thewritersblock.org.uk/events



PATRICIA ESCHEN PRIZE FOR POETRY 2022 CHILDREN'S COMPETITION MORRAB LIBRARY & THE DENNIS MYNER TRUST



A FREE TO ENTER, INTERNATIONAL POETRY COMPETITION, WITH A CHILDREN'S CATEGORY.

40 LINES MAXIMUM | ENGLISH LANGUAGE | ONE ENTRY PER PERSON

UNDER 16S CATEGORY PRIZES: 1ST PRIZE: £150 | 2ND PRIZE: £100 | 3RD PRIZE: £50

CLOSING DATE: 30TH SEPTEMBER 2022 (23:59 GMT)

FOR HOW TO ENTER, COMPETITION RULES & MORE ABOUT INFO ABOUT THE OTHER CATEGORIES: MORRABLIBRARY.ORG.UK/POETRY PRIZE

@PEPOETRYPRIZE

www.dangerousdads.org.uk/dadfest2022

September 16th, 17th & 18th DadFest2022[™]

Location: via Ferrata, Penryn, Cornwall. TR10 9BX

Awarded '<u>Best Small Event in the UK</u>' & the only festival just for dads/ male carers and their children

• campfire stories • archery • water rockets • bat walk

bushcraft & Forest School
star-gazing
kids entertainers

live music • tattoos • huge zip-line • kayaking •

mobile art-space • rafts • slip 'n' slide • adventure trail •

local food & beers • & more...

Official 2022 World Dad Dancing Championship

starts Fri. 16th Sept - ends Sun. 18th Sept

DadFest2022 tickets must be bought in advance Children under 6 £20 Children aged 6 & over £40 Dads/ male carers: £85

DadFest Ticket = all weekend activities included & camping - no other costs food tickets for the whole weekend also available Concessions available - please contact the organisers

> Book early: Book on-line or phone 07756 880106 or email bookings@dangerousdads.org.uk







The Summer Reading Challenge run by The Reading Agency will start from Saturday July 9th so please do send everyone down to Truro Community Library to register. We love to see as many young people in here as possible and it is a fantastic way to keep reading over the summer holidays.

The format is the same as previous years – the challenge is to read six books from the Library over the summer holidays. Any books can be read – fiction, non-fiction, graphic novels, comic books, audio books – whatever takes your fancy!

The theme this year is The Gadgeteers with a fold-out, fill-in, colourful sticker folder designed by author and illustrator Julian Beresford. There are stickers and stuff to collect along the way at each stage of the Challenge as in the previous years.

This year's Summer Reading Challenge theme is Gadgeteers, created in partnership with Science Museum so at the end of the Challenge we are excited to be partnering with The Royal Cornwall Museum in Truro. Anyone finishing the Challenge and reading six books will be entered into a prize draw to win two annual passes to the Museum – children go free anyway but this means that two adults can go free with them for the whole year.

The Museum was founded by The Royal Institution of Cornwall in 1818 to promote excellence in science and art and to forward the world-leading industries that Cornwall was known for and it continues to be a hub of discovery.

The theme of Gadgeteers was chosen to spark children's curiosity about the world around them and to inspire them to see the science and innovation behind everyday objects such as fashion and technology, cooking and music. The fold out sticker folder has a fun narrative and six characters to follow.

There is also a great website at <u>www.summerreadingchallenge.org.uk</u> with illustrations by Julian Beresford. There are competitions, mini challenges, a book sorter and all sorts of fun things to do to get ready for the Challenge.

But of course, we like to see everyone in the library and reading books, so come and sign up anytime from Saturday 9th July!

We would love to see every child in and around Truro joining up and using the Library and to feel ownership of our lovely building as part of their city.

Thank you for all your continued support of the Library over the year; we greatly appreciate it!

Best wishes Becks Hazzard

Rebecca Hazzard Information Assistant Truro Community Library Pydar Street Truro TR1 1EP

Tel: 0300 1234 111

Dear Parents & Guardians, The UK's best parenting magazine is here, and it's FREE!

Please click on the link below:

Family First - Summer 2022 by Seven Star Media - Issuu



Parents and carers urged to protect children against COVID

As COVID-19 cases continue to rise, parents and carers in Cornwall are being urged to get their children vaccinated ahead of the summer holidays.

Jabs are now available for all children over the age of 5 and child-friendly clinics are being set up at sites across the county.

The virus poses a risk to young people, both during the initial infection period and with longer-term health issues such as long COVID.

Vaccinating children can:

- Prevent further disruption to their education and social activity from initial infection as well as from long COVID which affects over 8% of children.
- Save lives by reducing the risk of infection to your child and to those around them, especially vulnerable and elderly family members.
- Reduce symptoms if infected and reduce the likelihood of developing severe disease and lasting health issues proven by over 15 studies.
- Enhance future protection if a child has already had COVID-19.

All COVID-19 vaccines in the UK have passed all clinical safety trials to be approved by the UK's Medicines and Healthcare Products Regulatory Agency. This means they are safe.

Parents and guardians can <u>book a vaccination appointment for their children online</u>, or just walk in at their nearest walk-in clinic. To find out the details of their nearest walk-in site <u>visit the Grab a Jab website</u>.



SOCCER SCHOOLS 10.00AM - 3.00PM		INFANT		JUNIOR		[2-4 YEARS]		
LOCATION	VENUE	DATE	AGES	PRICE	AGES	PRICE	TIME	PRICE
NEWQUAY	TREVIGLAS SPORTS HUB	27TH, 4TH, 10TH, 17TH, 24TH & 31ST	5-7	£18.00	8-12	£18.00	2.00PM-2.45PM	£5.00
TRURO	TRURO PREP SCHOOL	29TH, 5TH, 12TH, 19TH & 26TH	5-7	£18.00	8-12	£18.00	2.00PM-2.45PM	£5.00
CAMBORNE	EVOLVE CAMBORNE COLLEGE	28TH, 11TH, 18TH & 25TH	5-7	£18.00	8-12	£18.00	2.00PM-2.45PM	£5.00

Saints Southwest School Holiday Courses offer exceptional value for money, and the opportunity for young players to improve their skills through a structured and enjoyable coaching programme devised and delivered by experienced and FA qualified coaches. Our full-day courses typically run from 10.00 am to 3.00 pm with an early drop off service available from 9.00 am every holiday period. The Soccer Schools are action-packed days that allow children to learn new skills and improve match play whilst having fun.

MULTISPORT CAMPS | 10.00AM - 3.00PM SPORTY TOTS (2-4 YEARS)

LOCATION	VENUE	DATE	AGES	PRICE	TIME	PRICE
HELSTON	WENDRON PRIMARY SCHOOL	15TH AUG	5-11	£18.00	2.00PM-2.45PM	£5.00
ST AUSTELL	CARGLAZE PRIMARY SCHOOL	8TH AUG	5-11	£18.00	2.00PM-2.45PM	£5.00

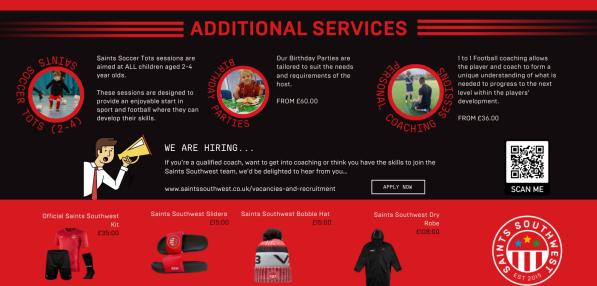
Multisport Camps are aimed at all children 5–II years old who want to have fun and be creative during the school holidays! We understand that children learn the most when having fun. Our wide selection of activities which include; Dodgeball, Cricket, Basketball, Tennis, Ultimate Frisbee, Tri Golf, Rounders, Handball & many more keep children inspired and engaged throughout the course.

GIRLS O	NLY CAMPS 1	0.00AM - 3.00PM				ARLY DP OFF
LOCATION	VENUE	DATE	AGES	PRICE	TIME	PRICE
NEWQUAY	TREVIGLAS SPORTS HUB	27TH, 4TH, 10TH, 17TH, 24TH & 31ST	5-12	£18.00	9.00AM	£21.0
TRURO	TRURO PREP SCHOOL	29TH, 5TH, 12TH, 19TH & 26TH	5-12	£18.00	9.00AM	£21.00
CAMBORNE	EVOLVE CAMBORNE COLLEGE	28TH, 4TH, 11TH, 18TH & 25TH	5-12	£18.00	9.00AM	£21.00

Girls Only Camps are aimed at all young aspiring females aged 5–12 years old. We wish to increase upon the number of girls participating in our programmes, by offering a bespoke, 'girls-only' recreational programme, that provides a fun introduction to the wonderful world of football! Girls are able to improve their techniques through a variety of activities.

GOALKEEPER CAMPS 10.00AM - 3.00PM							
LOCATION	VENUE	DATE	AGES	PRICE		TIME	PRICE
NEWQUAY TRURO CAMBORNE	TREVIGLAS SPORTS HUB TRURO PREP SCHOOL EVOLVE CAMBORNE COLLEGE	27TH, 4TH, 10TH, 17TH, 24TH & 3IST 29TH, 5TH, 12TH, 19TH & 26TH 28TH, 4TH, 11TH, 18TH & 25TH	5-12 5-12 5-12	£18.00 £18.00 £18.00		9.00AM 9.00AM 9.00AM	£21.00 £21.00 £21.00

Aimed at ALL young aspiring Goalkeepers aged 5-12 years old. The position-specific course will cover all aspects of the Saints Southwest Goalkeeping syllabus, suitably challenging young and enthusiastic goalkeepers of all abilities. Components include handling technical practices, shot stopping, footwork drills, distribution techniques from both hands and feet, communication and fun games.





What's On in Feock Parish: July You can find the full guided here: <u>http://www.myfeock.co.uk/</u>



Dear Parents,

Mi Little Pad - Summer Challenge for Devoran School pupils

We are excited to be offering an amazing **Summer Challenge** as an extension to our very popular Mi Little Pad club that the children can take part in **at home** over the summer holidays!

There will be a weekly video each week for 6 weeks looking at a variety of topics and the students will be able to take part using Lego, Minecraft, Arts and Crafts materials or indeed anything they have lying around. They can even just draw a picture! The first challenge will start on the week commencing Monday 25th July.

As a bit of fun we will also be running a national competition on Facebook with prizes each week for the children with the most likes and even bigger prizes for the most popular creations of the summer!

BOOK ONLINE!

As the children are joining in **at home**, places cost just £1.99 +VAT per child per session and are bought in a block of 6 for the summer.

All 'Summer Challenge' places are reserved and paid for online. Just go to www.milittlepad.com to book your child's place.

Bookings will be available from midday on the 13th July

Any problems please contact us on 01633 383211 or support@milittlepad.com

Kind regards, John Gallacher