






COMMUNITY NEWS



THREEMILESTONE AMATEUR
DRAMATICS SOCIETY PRESENTS



Into
THE
PANTOVERSE

A TRADITIONAL TRANSDIMENSIONAL
PANTOMIME ADVENTURE

WRITTEN AND DIRECTED BY GARY SMITH



$E = MC^2$

1 - 3 FEB 2024, 7.30PM | 3RD FEB MATINEE 2.30PM
THREEMILESTONE COMMUNITY CENTRE
£8 ADULTS, £6 CHILDREN
£22 FAMILY (2A2C), UNDER 5S FREE

STAGEZONE YOUTH THEATRE

YOUTH DRAMA GROUP FOR 6-18 YEAR OLDS



Would you like to gain confidence
in a friendly youth drama group?



**COME AND
JOIN US!**

Weekly sessions
in the Truro Area



Tel: 07967 828770

www.stagezoneyouththeatre.com

Email: stagezoneyouththeatre@gmail.com

Follow us: [@stagezoneyouth](https://www.instagram.com/stagezoneyouth)



THE
WRITERS'
BLOCK

AFTER SCHOOL CLUB FOR 7-10s

Join The Writers' Block new afterschool club for KS2 Children!



This 6 week after school club provides space for children to explore their creativity, discover their talents and have a great time! We will guide children to create their own stories through a mixture of **writing, drama, music and making** at our immersive and inspiring space.

When: 4.15-5.30pm Thursdays 11 January – 8 February

Where: The Writers' Block, The Ladder
2-4 Clinton Road
Redruth, TR15 2QE

To book: £10/£15 for all the 5 sessions.

Booking essential: www.thewritersblock.org.uk/events



The Hub

Carnon Community Methodist Church



TR3 6HY

YOUTH CLUB

Mondays in Term Time, 4pm - 5.30pm

Free

Free

For young people aged 9 - 14 years old

**Hot
drinks**

Games

Contact us if you would like more details

Adrian: CarnonHubPastor@truromethodist.org.uk

Victoria (Mid Cornwall Circuit Youth Worker): 07842 278 983

Pendennis Community Centre



OUR VOLUNTEER RUN CAFE IS OPEN:
9AM-1PM MONDAY - SATURDAY
SERVING HOT AND COLD DRINKS AND CAKES



WE ARE DOG FRIENDLY TOO



WE HAVE A COMMUNITY BOOK LIBRARY (DONATIONS IN GOOD QUALITY BOOKS WELCOME)



MONDAY

CIRCUITS- 9:15AM
BOOTYLIFT 9:30AM
CORE CLASS 10:15AM
DRUM N' BLITZ 10:30AM
STRETCH 11:30AM
HIIT 6:00PM
VINYASA FLOW 6:15PM
CORE CLASS 7:00PM
SLOW FLOW YOGA 7:30PM

FRENCH CONVERSATION WITH CECILE-
11:00AM- DONATION WELCOME

TUESDAY

PRE-SCHOOL YOGA - 9:15AM
BOXFIT 9:30AM
STRETCH 10:30AM
ZUMBA 10:30AM
ZUMBA GOLD 11:30AM

BOOTYLIFT 6:00PM
DRUM N BLITZ 7:00PM
STRETCH 8:00PM

WEDNESDAY

FIT 4 ALL 9:30AM
STRETCH 10:30AM
VINYASA FLOW YOGA 8:00PM

THURSDAY

CIRCUITS 9:15AM
CORE CLASS 10:15AM
ZUMBA 6:30PM
STRETCH FLOW 7:30PM

FRIDAY

YOGA FLOW 9:30AM
PILATES 10:30AM

PUPPY PLAY /SOCIALISATION CLASS
(BOOKING WITH RUTH)

SATURDAY

ZUMBA 8:30AM
STRETCH FLOW 9:30AM
VINYASA FLOW 10:00AM



ALL FITNESS CLASSES £6:50

TO BOOK CLASSES VISIT:

[HTTPS://APP.CLASSFIT.COM/BUSINESSPROFILE/120726](https://app.classfit.com/businessprofile/120726)

WE ALSO TAKE BOOKINGS/PAYMENTS AS DROP INS ON THE DAY!



We look forward to seeing you!
01326 653249



SATURDAYS 10AM IN TERM TIME

Every Saturday during term time Truro City Youth FC run a fun football session for all children from Reception age to year 6. Its pay as you play so no contract. We are all about inclusivity regardless of ability at TCYFC; it's all about having FUN!!!!

We rely on volunteers, so if a parent can help, fantastic!!! We can always do with a spare pair of hands on and off the pitch.

It's of course weather dependent, so 'like' our Facebook page and keep an eye out for updates. There's a helpful FAQ section at the bottom of the about tab

All the children need is suitable footwear, shinpads and a drink.

More details on our website and Facebook page Truro city youth Football club community football programme.

TCYFC COMMUNITY FOOTBALL PROGRAMME

PAY AS YOU GO
£3.50 A SESSION

FA QUALIFIED, FIRST AID TRAINED AND DBS CHECKED COACHES

10AM-11AM
REC YR & YR 1.
10AM-11:30AM
YR2 TO YR6

CHANCE FOR PARENTS TO HELP COACH

TRURO CITY YOUTH FC

Penair School Astro
Truro TR1 1TN

www.trurocityyouthfootballclub.co.uk

Saturdays 10am -1130am

New
to Cornwall



TASTER
sessions
available



An art club for children that...

- Provides a safe artistic space where children aged 6 -16 have time to do long-term projects.
- Uses professional materials and delivers an in-depth art education.
- Builds children's confidence and self-esteem.
- Advises students studying GCSE how to build-up their sketchbook.

Mediums explored include: watercolours, acrylics, pastels, pencil, clay, papier maché.
All materials are provided. **Adults classes and private tuition also available.**

Session Times

Tuesday	14.00 - 15.30 (home educated group) 16.30 - 17.45
Wednesday	10.30 - 12.00 (home educated group) 16.30 - 17.45
Thursday	16.30 - 17.45
Saturday	9.30 - 11, 11.30 - 13.00 & 14.00 - 15.30

Contact us...

Barras Moor Farm, Perranarworthal,
Truro, Cornwall TR3 7PE

If you are interested in joining art-K
please contact Sara on 07852 674316,
email her at sara@art-k.co.uk
or visit us online at www.art-k.co.uk

acrylic oil watercolour mixed media modelling collage clay

