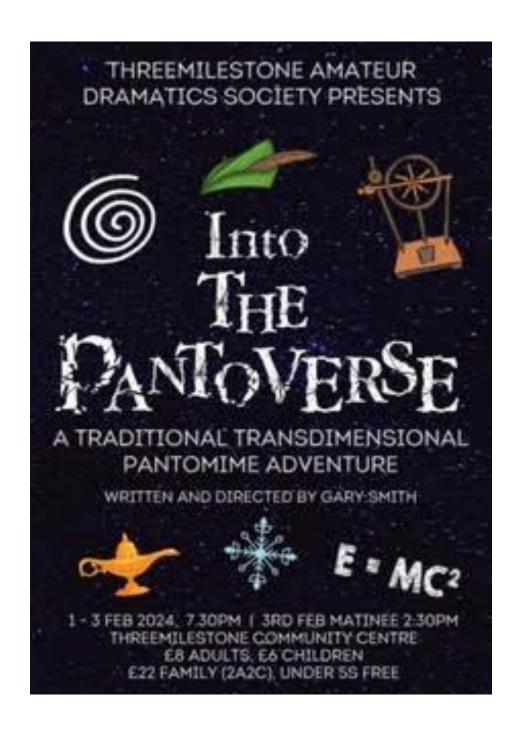


# **COMMUNITY NEWS**



## STAGEZONE YOUTH THEATRE

YOUTH DRAMA GROUP FOR 6-18 YEAR OLDS



Would you like to gain confidence in a friendly youth drama group?









Weekly sessions in the Truro Area





Tel: 07967 828770

www.stagezoneyouththeatre.com

Email: stagezoneyouththeatre@gmail.com

Follow us: @stagezoneyouth



# THE WRITERS' BL CK

# AFTER SCHOOL CLUB

Join The Writers' Block new afterschool club for KS2 Children!



This 6 week after school club provides space for children to explore their creativity, discover their talents and have a great time! We will guide children to create their own stories through a mixture of **writing**, **drama**, **music and making** at our immersive and inspiring space.

When: 4.15-5.30pm Thursdays 11 January - 8 February

Where: The Writers' Block, The Ladder

2-4 Clinton Road Redruth, TR15 2QE

To book: £10/£15 for all the 5 sessions.

Booking essential: www.thewritersblock.org.uk/events





## **Pendennis Community Centre**



**OUR VOLUNTEER RUN CAFE IS OPEN:** 9AM-1PM MONDAY -SATURDAY SERVING HOT AND COLD DRINKS AND CAKES



WE ARE DOG FRIENDLY TOO



WE HAVE A COMMUNITY BOOK LIBRARY DONATIONS IN GOOD QUALITY BOOKS WELCOME



#### MONDAY

CIRCUITS-9:15AM **BOOTYLIFT 9:30AM** CORE CLASS 10:15AM DRUM N' BLITZ 10:30AM STRETCH 11:30AM HIIT 6:00PM VINYASA FLOW 6:15PM CORE CLASS 7:00PM SLOW FLOW YOGA 7:30PM

FRENCH CONVERSATION WITH CECILE-11:00AM- DONATION WELCOME

#### TUESDAY

PRE-SCHOOL YOGA - 9:15AM **BOXFIT 9:30AM** STRETCH 10:30AM **ZUMBA 10:30AM** ZUMBA GOLD 11:30AM

> BOOTYLIFT 6:00PM DRUM N BLITZ 7:00PM STRETCH 8:00PM

#### WEDNESDAY

FIT 4 ALL 9:30AM STRETCH 10:30AM VINYASA FLOW YOGA 8:00PM

#### THURSDAY

CIRCUITS 9:15AM CORE CLASS 10:15AM ZUMBA 6:30PM STRETCH FLOW 7:30PM

#### FRIDAY

YOGA FLOW 9:30AM PILATES 10:30AM

PUPPY PLAY/SOCIALISATION CLASS BOOKING WITH RUTH

**PENDENNIS** 

COMMUNITY CENTRE

#### SATURDAY

ZUMBA 8:30AM STRETCH FLOW 9:30AM VINYASA FLOW 10:00AM



We look forward to seeing you! 01326 653249

DAY!







#### SATURDAYS 10AM IN TERM TIME

Every Saturday during term time Truro City Youth FC run a fun football session for all children from Reception age to year 6. Its pay as you play so no contract. We are all about inclusivity regardless of ability at TCYFC; it's all about having FUN!!!!!

We rely on volunteers, so if a parent can help, fantastic!!! We can always do with a spare pair of hands on and off the pitch.

It's of course weather dependent, so 'like' our Facebook page and keep an eye out for updates. There's a helpful FAQ section at the bottom of the about tab

All the children need is suitable footwear, shinpads and a drink.

More details on our website and Facebook page Truro city youth

Football club community football programme.

TCYFC COMMUNITY
FOOTBALL
PROGRAMME

PAY AS YOU GO £3.50 A SESSION

FA QUALIFIED, FIRST AID TRAINED AND DBS CHECKED COACHES

> 10AM-11AM REC YR & YR 1. 10AM-11:30AM YR2 TO YR6

CHANCE FOR PARENTS TO HELP COACH

#### TRURO CITY YOUTH FC

Penair School Astro Truro TR11TN

www.trurocityyouthfootball club.co.uk

Saturdays 10am -1130am



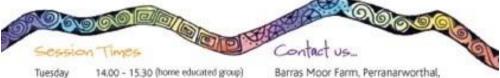
sessions



### An art club for children that...

- Provides a safe artistic space where children aged 6 16 have time to do long-term projects.
- Uses professional materials and delivers an in-depth art education.
- Builds children's confidence and self-esteem.
- Advises students studying GCSE how to build-up their sketchbook.

Mediums explored include: watercolours, acrylics, pastels, pencil, clay, papier maché. All materials are provided. Adults classes and private tuition also available.



Tuesday

16,30 - 17,45

10,30 - 12,00 (home educated group) Wednesday

16.30 - 17.45

16.30 - 17.45 Thursday

9.30 - 11, 11.30 - 13.00 & 14.00 - 15.30 Saturday

Truro, Cornwall TR3 7PE

If you are interested in joining art-K

please contact Sara on 07852 674316,

email her at sara@art-k.co.uk

or visit us online at www.art-k.co.uk

watercolour mixed media modelling collage day