

Allergies, Intolerances & Texture Modified Diets

Your school Caterer, Autograph, operate an award winning special diet process designed to support pupils with allergies and intolerances to enjoy safe and suitable meals. If your child has an allergy, intolerance or requires a texture modified diet, and you would like them to have school meals, please read the below information:

- Please complete in full and return the enclosed *Allergy/Intolerance and Texture Modified Diet Referral Form*
- This form does not need completing unless your child has an allergy and/or intolerance or requires a texture modified diet and would like school meals
- All forms must be supported by medical referral from a regulated healthcare professional (GP; Dietician; School Nurse; Speech and Language Therapist), **forms cannot be processed without this information**. Please note; we cannot process referrals from Nutritionists or Nutritional Therapists.
- Please ensure you sign and date the form, so we are able to store this information on our database
- The standard school menu will be adapted based on the information provided on the returned form
- Autograph do not require a form for religious/ cultural preferences only, these can be catered on an individual basis by the school; please speak to the Catering Manager for more information
- Carbohydrate content information can be provided if required; please request from the Catering Manager
- Our Allergies and Intolerances process does not cater for likes and dislikes
- For safety, a pupil with an allergy and/or intolerance or texture modified diet will not be provided with a school meal until the parent/guardian and the school kitchen have received the relevant information from the Nutrition Department

PLEASE SEND COMPLETED FORMS TO:

sasha.green@mitie.com